

# Sergeant Bluff Senior Center

**JULY 2019**

Our phone is only answered during lunches or events!

**(712) 943-2181**

The Senior Center is located at 909 Topaz Drive and will be open Monday through Friday from 7:30 a.m. to 4:30 p.m. a TV Room and sitting area is available, Garry Coon, Chairman (712) 333-1542 or Brent Brown (712) 943-5800. For rental information, contact Brent Brown.



## BOARD MEETING MINUTES

The Senior Center Board met at the Center at 3:30 PM on July 10th, 2019. June minutes were approved. Board approved expenses for our "Burger Bash". Michelle purchased a charcoal grill for the patio. Short discussion about the centers' sign. Reminder: PVD is August 9,10,11, 2019. Next Board Meeting will be August 7<sup>th</sup> at 3:30pm



## Exercise Classes

Adaptive aerobics are offered weekly on Tuesdays and Thursdays at 2:00 PM at the Sr. Center. Classes are free of charge. Come on down, Pam is working hard to get you in shape!!



## LEGION STEAK SALE



<b>Tuesday:</b>	<b>July 23</b>	<b>4pm – 7pm</b>
<b>Wednesday:</b>	<b>July 24</b>	<b>4pm – 7pm</b>
<b>Thursday</b>	<b>July 25</b>	<b>4pm – 7pm</b>

**At The Post 662 Legion Hall West Door  
901 Topaz St by Community Center.**

Ribeye, T-Bone, New York Strips, Sirloin  
Steak sale has been a great fundraiser for the Legion with lots of positive feedback. Thank you to our customers

## SERGEANT BLUFF CITY CALENDAR

**July 17:** Parks and Recreation Board Meeting  
5:30pm to 6:30pm  
**July 23:** City Council Meeting 5:30pm to 7:00pm  
**July 30:** Community Action Team Meeting  
12:00pm to 1:00pm  
**Aug 6:** Planning & Zoning Meeting  
6:00pm to 7:30pm  
**Aug 7:** Senior Center Board Meeting  
3:30pm to 4:30pm



## Meals

Meals will be served at 11:30 a.m. on Mondays, Wednesdays and Fridays. Please call 24 hours in advance for a meal reservation by contacting the Senior Center at **712-943-2181**. If no answer, leave message with name and number. The suggested contribution for meals is \$3.50 - \$6.50 per meal for those over 60. Those under 60 wanting to eat will need to pay the full price of the meal \$6.50

## Burger Bash:

Although we had a small group attend, about 21 persons, it was a really great meal. Our "Grill Master" was Brent Brown who cooked up some great burgers and some pineapple steaks. We had two really good salads provided by Floyd House and lots of good desserts provided by some of those attending the dinner. Some found out they liked pineapple grilled !!  
Thanks to everyone who helped with this event.