

# Sergeant Bluff Senior Center

**AUGUST 2019**

Our phone is only answered during lunches or events!

**(712) 943-2181**

The Senior Center is located at 909 Topaz Drive and will be open Monday through Friday from 7:30 a.m. to 4:30 p.m. a TV Room and sitting area is available, Garry Coon, Chairman (712) 333-1542 or Brent Brown (712) 943-5800. For rental information, contact Brent Brown.



## BOARD MEETING MINUTES

The Senior Center Board met at the Center at 3:30 PM on August 7, 2019. July minutes were approved. Board approved expenses for a plaque to be purchased once the city council approves changing the sign in front of the Senior Center. We visited with a group from Maupin Pines who are looking for a place to meet and play games ect. They will come back to either the Chairman or to the board in September about day and time for their get togethers. The board appointed two new members to be board; Troy Anderson and Trisha Lalumendre, both of Embassy Care Center.

Reminder: PVD is August 9,10,11, 2019. **Parade is at 10:00 AM**

**Next Board Meeting will be September 4th at 3:30pm**



## LEGION STEAK SALE



<b>Tuesday:</b>	<b>Aug 20</b>	<b>4pm – 7pm</b>
<b>Wednesday:</b>	<b>Aug 21</b>	<b>4pm – 7pm</b>
<b>Thursday</b>	<b>Aug 22</b>	<b>4pm – 7pm</b>

**At The Post 662 Legion Hall West Door  
901 Topaz St. (by Community Center.)**

Ribeye, T-Bone, New York Strips, Sirloin

**Steak sale has been a great fund raiser for the Legion with lots of positive feedback. Thank you to our customers.**

## SERGEANT BLUFF CITY CALENDAR

- **13AUG** CITY COUNCIL MEETING  
TIME: 5:30 PM - 7:00 PM
- **21AUG** PARKS AND RECREATION BOARD MEETING TIME: 5:30 PM - 6:30 PM
- **27AUG** COMMUNITY ACTION TEAM MEETING TIME: 12:00 PM - 1:00 PM
- **27AUG** CITY COUNCIL MEETING  
TIME: 5:30 PM - 7:00 PM
- **3SEP** PLANNING & ZONING MEETING  
TIME: 6:00 PM - 7:30 PM
- **4SEP** SENIOR CENTER MEETING  
TIME: 3:30 PM



## Exercise Classes

Adaptive aerobics are offered weekly on Tuesdays and Thursdays at 2:00 PM at the Sr. Center. Classes are free of charge. Come on down, Pam is working hard to get you in shape!!



## Meals

Meals will be served at 11:30 a.m. on Mondays, Wednesdays and Fridays. Please call 24 hours in advance for a meal reservation by contacting the Senior Center at **712-943-2181**. If no answer, leave message with name and number. The suggested contribution for meals is \$3.50 - \$6.50 per meal for those over 60. Those under 60 wanting to eat will need to pay the full price of the meal 6.50