

# THE SERGEANT BLUFF

# HORIZON

## 5-2-1-0 HEALTH CHOICES COUNT!

The City of Sergeant Bluff was selected to receive grant funding as part of our participation in the 5-2-1-0 Healthy Choices Count! Program. 5-2-1-0 Healthy Choices Count! is a nationally recognized and evidence-based prevention framework to promote healthy habits. The goal is to increase physical activity and healthy eating through policy and environmental change. 5-2-1-0 focuses on the importance of four simple daily health habits:

- 5 or more servings of fruits and vegetables
- 2 hours or less of screen time (television, computer, video games, phones, etc.)
- 1 hour or more of physical activity
- 0 (or reduce) sugar-sweetened beverages - drink more water!

Visit our website [www.cityofsergeantbluff.com](http://www.cityofsergeantbluff.com), our Facebook page, or [www.iowaHealthiestState.com/5210](http://www.iowaHealthiestState.com/5210) for more information!



## FREE CLEAN-UP WEEK

For the duration of Free Cleanup Week, dumping of non-white good items is free of charge for Sergeant Bluff residents only. **You must have the annual pass to access the site.** It can be obtained by visiting City Hall. Please visit our website for a list of items excluded from dumping: [WWW.CITYOFSERGEANTBLUFF.COM](http://WWW.CITYOFSERGEANTBLUFF.COM). All items must be taken to the City compost site. There will be no curb pickup. The compost site will **close** after cleanup week and re-open in the spring.

### CLEANUP WEEK HOURS:

November 8<sup>th</sup> – 12<sup>th</sup>  
Monday - Friday 9:00  
am to 7:00 pm

November 13<sup>th</sup>  
Saturday 9:00 am to  
5:00 pm

**Drop off location:** The Public Works Compost Site is located north on South Lewis Boulevard, approximately one block past the Glen-Gery brick yard (Sioux City Brick) and right onto Ridge Road, then an immediate left.

## YARD SIGN RESTRICTIONS

The City of Sergeant Bluff would like to remind you that **all yard signs** must be inside your property lines and not in the Right of Way, per Ord. 155.13(2). It is also against City Ordinance to post signs to telephone poles or Iowa DOT sign posts, per Ord. 155.13(7). Yard signs are not to be placed on any property owned by the city and may be removed by city officials if found on city property (Iowa Code 68A.406 2a(1)).



## REC PROGRAMS

In the month of October the Parks & Recreation Department will begin taking registrations for the basketball mini camp for girls and boys in grades 3rd-8th and co-ed adult volleyball. Visit [www.sergeantbluffparksandrec.com](http://www.sergeantbluffparksandrec.com) for more details.

## FIRST STREET UPDATES

To receive the latest updates on the First Street Project please visit our website: [www.cityofsergeantbluff.com](http://www.cityofsergeantbluff.com) or our Facebook page: [facebook.com/cityofsergeantbluff](https://facebook.com/cityofsergeantbluff)

## CALENDAR

- Oct 5 – Planning & Zoning Meeting @ 6:00 pm
- Oct 12 – Council Meeting @ 5:30 PM
- Oct 20 – Library Meeting @ 5:30 PM
- Oct 20 – Parks Board @ 5:30 PM
- Oct 20 – Food Pantry 8-11 PM
- Oct 20 – Utility Bill Due Date
- Oct 26 – Community Action Team @ 12:00 PM
- Oct 26 – Council Meeting @ 5:30 PM
- Oct 31 – Fall Festival @ 2pm-4pm
- Oct 31 – Trick or Treat Trail @ 4pm-6pm
- Oct 14, 28 – Recycle Days

# HORIZON

## Sergeant Bluff Public Library News

We have some new services and programs available through the library at no cost to our patrons. Here are just a few:

**Interlibrary Loan:** If we don't have a book you are looking for, we can usually borrow it from another Iowa library, at no cost to you.

**Brainfuse HelpNow:** is a new exciting service we are offering thanks to the State Library of Iowa. This is a very comprehensive online, live tutoring service, and much more. There are tutors available from 2 pm – 11 pm everyday in any subject, for any age, from Kindergarten through college. There is also a section for adults wanting to update their resume, or search for a job. There are many resources available. You can access it and find out more about it on our website at <http://www.sergeantbluff.lib.ia.us>.

**Dive Into Reading Early Literacy Program:** Would your child benefit from a little extra reading time, but you don't always have time to sit down and read to them, or have them read to you? If so, we have a new program that pairs early readers up to 3<sup>rd</sup> grade with a teen or adult so that the child can read to them, and then they can have a book read to them by the teen/adult. If you would be interested in signing your child up, or if you would be interested in being an adult/teen volunteer for the program, let us know.

**In Person Story Time:** On October 30th, we will be resuming in person story times with a special Halloween party/story time. We'll be reading a story, doing a fun craft and have a treat for everyone! Watch for more information coming soon!

**Large Print Books:** We now have a rotating selection of large print books, courtesy of the Decorah Public Library. We receive a new box of books every month, that we can keep for 3 months. We send a box back every month, and get a new one. This allows us to save space and keep new-to-us books coming for our patrons who like large print books.

**Library Care:** If you haven't gotten your library card yet, stop in and get yours! Having a library card will give you access to our ebook, audiobook and e-magazine service, Bridges. You can then read or listen to your favorite books on your chosen device whenever you like, via the Libby app, from your app store. If you need help or would like more information, stop in and we would be glad to help you.

**Book Club:** Finally, we have a fantastic book club that meets on the last Monday of the month at the library, at 7:00 pm. New members are always welcome to come anytime.



SERGEANT BLUFF  
PUBLIC LIBRARY

**Contact:**

Tami Coil, Library Director  
903 Topaz Drive  
(east end of the building)  
712-943-2160

**HOURS**

Monday: 9:00 am – 1:00 pm  
Tuesday 3:00 pm – 7:00 pm  
Wednesday: 9:00 am – 1:00 pm  
Thursday 3:00 pm – 7:00 pm  
Friday: 9:00 am – 1:00 pm

 

# FALL FESTIVAL

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10.31.2021 | 2PM - 4PM

TRICK OR TREAT TRAIL FOLLOWING AT  
THE COMPLEX

SERGEANT BLUFF COMMUNITY CENTER  
(903 Topaz Drive)

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PAINT A PUMPKIN

S'MORES STATION

FALL CRAFT

PHOTO BOOTH

COSTUME CONTEST

REFRESHMENTS PROVIDED